

# Trinity Anglican College

## Co-Curricular Handbook 2021









# Introduction

In keeping with our purpose, the Trinity Anglican College Co-Curricular Program provides a range of valuable educational experiences for students from Kindergarten through to Year 12, in addition to those provided by the Colleges formal curriculum.

Trinity students enjoy the benefits of a diverse co-curricular program that cultivates a deep sense of belonging, nurtures their mind, releases their creativity, develops their athletic ability and builds personal character and self-esteem.

Teachers from across all learning areas drive this program and our students can participate in a range of activities such as drama, basketball club, debating, knitting club, RFS Cadets, Model UN and much more.

We are here to educate the whole child, and activities such as these help develop important teamwork, leadership and problem-solving skills, while mixing with like-minded peers. By developing these skills, our students will flourish and perform at their very best in every aspect of their lives.

We encourage our students to engage with co-curricular activities as they provide enormous scope to explore their passions and interests which extend beyond the classroom, and will endure well beyond their school years.

In these programs, everyone is welcomed, supported and nurtured.

# Performing Arts

At Trinity, students have the opportunity to experience a dynamic Performing Arts offering across music, choir and musical theatre. The program caters equally for those with significant experience and those participating for the first time, so all are welcomed. Participation in these programs enables students to form a balanced lifestyle and encourages an open-minded approach to new experiences.

Performing Arts Co-Curricular opportunities in 2021 include:

- Wind Ensemble
- Senior Choir
- Junior Choir
- Boys Drama
- Girls Drama
- Stage Band
- Training Band
- String Ensemble
- Musical Theatre Production (Junior and Senior)
- Steel Pans







# Performing Arts

## **Senior Choir**

Senior Choir welcomes any student from Year 7-12 who would like to opportunity to sing in a group. Students practice towards performances at various assemblies as well as the musical theatre showcase and Christmas services.

## **Senior School Boys Drama**

Available to any boy in Year 7 to 12. The students engage in activities that are a mix of drama games, improvisation (theatresports) and some devising theatre with a focus on improving performance skills.

## **Senior School Girls Drama**

Available to any girl in Year 7 to 12. The students engage in activities that are a mix of drama games, improvisation (theatresports) and some devising theatre with a focus on improving performance skills.

## **Stage Band**

The College Stage Band is suitable for intermediate to advanced musicians of any year group. An audition is required to attend this group.

## **String Ensemble**

The College String Ensemble is suitable for intermediate to advanced musicians of any year group.

## **Musical Theatre Ensemble**

This is suited to vocalists at Intermediate to advanced levels who enjoy Musical Theatre. An audition is required to attend this group.

## **Singing Group**

Year 1 and 2 singing group runs in Terms 2 and 3. Students learn and rehearse songs with a view to competing in the Eisteddfod. They also rehearse an assembly item and an item for Grandparents Day. The focus is on fun, but the students will have the opportunity build confidence to perform in front of an audience.



**Junior Training band**

This band is suitable for students in Years 4-6 who wish to learn trumpet, trombone, clarinet, saxophone or flute in a group setting. The focus is on fun, but students have the opportunity to build their confidence and performance skills.

**Wind Ensemble**

This ensemble is suitable for Junior and Senior woodwind, brass and percussion instrumentalists at Intermediate to advanced level.

**Steel Pans**

Steel Pans is available to all students.



# Creativity & Enrichment

The Creativity and Enrichment program at Trinity Anglican College acts as a clear extension of our central purpose and curriculum. Students have the opportunity to further their learning and develop their skills of interest in activities such as public speaking, lego club, knitting club and book worms club. These activities inspire confidence and leadership, developing young men and women of character.

Creativity & Enrichment co-curricular opportunities in 2021 include:

- Junior School Book Worms Club
- Junior School Lego Club
- Junior School Craft Club
- Junior School Tournament of the Minds
- Trinity News (Year 6)
- Senior School Post-Trial Trials
- Senior School Homework Club
- Senior School Knitting and Embroidery Club
- Senior School Debating and Public Speaking
- Senior School French Club
- Senior School French Conversation Club
- Senior School Barista Skills
- Year 11 Relay for Life
- Amnesty International
- Model UN





# Creativity & Enrichment

## **Craft**

This activity caters for Kindergarten to Year 6. Semester 1 is for Kindergarten to Year 2 and Semester 2 for Years 3 to 6. Students will be participating in craft based activities such as puppet making, wooden craft, basic sewing, bunting, stained glass windows, pom poms etc.

## **Lego Club**

This activity is for students, junior and senior, who benefit from a structured lunchtime activity and enjoy playing with Lego. This is an activity for students who find the playground a hard place to be at times. Student need to commit to attend each week.

## **Bookworms**

This is the book club for the Junior school. As well as being a book club, the students have the opportunity to engage in other library activities, assist and contribute to library events (Book Week etc.) external competitions etc.

## **Junior Tournament Of Minds (TOM)**

Tournament of Minds is a problem-solving program for teams of students from both primary and secondary years. Teams solve challenges from a choice of disciplines:

- Applied Technology
- Language Literature
- Maths Engineering
- Social Sciences

Tournament of Minds aims to enhance the potential of our students by developing diverse skills, enterprise, time management, and the discipline to work collaboratively within a competitive environment.

## **Senior Barista skills**

Barista Skills includes an introduction to coffee making provided by the Thurgoona Bakery staff as well as the opportunity for those who have honed their skill to make coffee to be sold in support of Relay for Life. This is limited to students from Year 9 to 12.



### **Senior Debating**

The Debating Club meets once a week, but has a number of opportunities to represent the College in competitions including participation in the Albury Wodonga Eisteddfod.

### **Senior Knitting Club**

Students meet once a week to knit rugs and scarfs for charity. These are normally handed over at the Christmas Assembly for Anglicare. This is an informal afternoon event where students can listen to music, chat and knit. Year 6 students are also welcome.

### **French Club**

French Club provides the opportunity for students to immerse themselves in French culture while improving their language skills. This incorporates French games, music, movies and learning about French culture. All levels are welcome.

### **Model UN**

Model UN is a popular activity for those interested in learning more about how the UN operates. Hundreds of thousands of students worldwide take part every year at all educational levels. Trinity will once again be participating in Model United Nations Security Council diplomacy competition for students in Years 9-12.

### **Senior Tournament of minds (TOM)**

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- Language Literature
- Maths Engineering
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# Creativity & Enrichment

## **Homework/Study Club**

This is open to all senior students who wish to have some help with their homework or towards assessments. This is run by the Maxwell Learning Centre staff and provides an important additional layer of support to those who would like to improve their academic results.

## **Relay for life**

Relay for Life fundraising is restricted to Year 11 and is the College's main fundraising focus for the year. Since beginning participation, the College has raised over \$100,000 and consistently raised the most money in the border region for schools of over 500 students.

## **Stage 6 Study Skills**

Stage 6 study skills will be held once a week by Mr Mark Fagan, our Head of HSIE. The focus will be on helping students finalise study planners, tips for more effective study and healthy study habits.

## **Post-trial Trials**

Post-trial Trials is an opportunity for students to do additional examination practice after their trial examinations are complete. While this is strictly voluntary, it is strongly encouraged that all year 12 students participate.





# Health & Wellbeing

At Trinity, our philosophy is to promote physical activity to all students and provide opportunities for everyone, regardless of their level of skill. Being involved in team sport and wellbeing practices promotes both physical and mental wellbeing, and helps facilitate friendships and interests outside of the classroom. The College provides a range of team and individual sports with the intention to provide continuity each year as well as diversity. These activities are offered according to the interests of students each year.

Health & Wellbeing co-curricular opportunities in 2021 include:

- Girls Running Club
- Years 7-10 Athletics
- Years 3-9 Mountain Biking
- Trail Running Club
- Years 7-10 Tennis
- Years 7-12 Girls Body Movement
- Years 5-6 Multi Sports
- Year 3 and 4 Tennis
- Senior Volleyball
- Years 7-12 Multi Sport
- Senior Social Tennis
- Years 3-6 fitness
- Trinity Basketball Club
- Trinity Netball Club
- Summer Biathlon





# Health & Wellbeing

## **Kindergarten and Year 1 Basketball**

Basketball will be made available to all Kindergarten and Year 1 students and will be communicated with the students during class time.

## **Year 3 and 4 Tennis**

During training sessions, students will develop skills to play modified tennis using mini nets and red balls. Training will take place after school on Mondays. Students may have the opportunity to represent the College in the Todd Woodbridge Cup, Zone Gala day in Term 3.

## **Junior Mountain Biking**

Students are given the opportunity to go on mountain bike rides. Students will begin with rides around Trinity and CSU in Thurgoona. When students develop more advanced skills there will be opportunities to go on more complex rides including competitions and trips. Students are required to bring their own bikes, helmets and safety equipment. In the intermediate and advanced programs, there will be costs for transportation and event entry. More information will be provided this year. These events will be optional.

## **Junior Morning Fitness**

Run by our Head of Sport, Kade Stevens, this will include a number of general fitness activities and is open to any student from Year 3 to 6.

## **Year 5 and 6 Multisport**

Open to both boys and girls, this activity is an opportunity for students to encounter a number of different sports while having fun with their peers.

## **Body Movement sessions for girls: Year 7-12**

Girls will have the opportunity to experience a range of body movement sessions one morning a week. These may involve yoga, dance, aerobics or other movement types of their choice. Tips and encouragement will be provided each week. The focus is on fun and fitness with all of the health benefits of being active in a comfortable setting.



### **Mindfulness**

Mindfulness is run by our College Chaplain, Reverend Bryn Jones and will focus on mindfulness, while incorporating elements of scripture. All are welcome.

### **Senior Girls Multisport**

Girls Multisport as an activity recognises that many girls may not always have had the opportunity to explore a range of sports activities. This provides the opportunity to explore a range of team sports.

### **Senior Mountain Biking**

Students are given the opportunity to go on mountain bike rides at CSU and around both of the Thurgoona campuses. When students develop more advanced skills they will have opportunities to go on rides that are more complex and have access to competitions. Students are required to bring their own bikes and safety equipment.

### **Shooting Club**

The Shooting Club will provide the opportunity for students to have a taste of the sport during Try Shooting Days at SSAA Wodonga Rifle Range. The students will be shooting with a .22 calibre rifle.

### **Social Volleyball**

Students will have the opportunity to play against other schools and clubs on Monday nights. There will be a few practice sessions at the beginning of the season. Tips and encouragement will be provided during games each week. The focus is on fun and fitness with all of the health benefits of being active.

### **Girls AFL**

Trinity provides the opportunity for both boys and girls to participate in an AFL day against Cathedral College in Wangaratta, but we also provide an opportunity for girls to practice and play in an environment where they can develop skills and have fun with their peers.

### **Senior Summer Biathlon**

Summer Biathlon provides the opportunity for students to take place in running and shooting days during the summer months. Depending on the interest in the event, this may lead to a skiing and shooting day in the middle of the year.

# Health & Wellbeing

## **Trinity Basketball Club**

Trinity Basketball is a value-based club that provides exciting playing opportunities for students at all ability levels. Thanks to the outstanding organisation at Albury Basketball, our 23 Trinity teams hit the court running for the second season of 2020. All our training sessions are inline with NSW Basketball and run by Jacob Cincurak, who plays as the leading point guard for The Border Bandits in the NBL1. We have finished our trials for 2021, and are thrilled that over 250 students will be wearing our brand new Trinity GRIT uniforms next year!

## **Trinity Netball Club**

Trinity Netball will resume again in 2021. Students will have the opportunity to work in a team and develop their netball skills in a comfortable setting. Students will also have the chance to participate in competitions throughout the year.







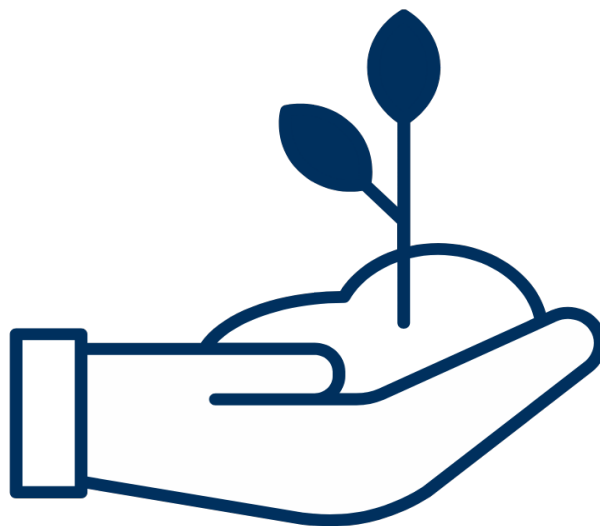


# Environment & Sustainability

At Trinity Anglican College, there is an enormous focus on environmental issues and sustainable practices. We believe that little changes can make a huge difference and these programs continues to involve students in learning and developing sustainable practices. Our students are encouraged to become leaders in this space, inspiring others to follow their practices to maintain the quality of our physical environment.

Environment and Sustainability co-curricular opportunities in 2021 include:

- Junior School Years 4-6 Eco
- Junior School Year 3 Eco
- Junior School Years 3-4 Kitchen Garden
- Junior School Years 1-2 Kitchen Garden
- Senior School Years 7-11 Eco
- RFS Cadet Program
- Years 9-11 Bee Keeping Program







# Environment & Sustainability

## **Kitchen Garden**

Students participate in a dynamic program, which gets busy in the garden and the kitchen. In the garden students will be growing plants from seed, maintaining the garden beds, looking after the worm farms and harvesting fruit and vegetables lead by local garden enthusiast Joanne Diver. In the kitchen, students will be learning to cook a range of different foods, which they will be able to take home to consume.

## **Junior Eco Club**

Students are given the opportunity to participate in a wide range of hands on environmentally focused activities throughout Term 2 and 3. Some of the activities include rubbish clean ups, revegetation, nest box inspection, hikes, reptile hunts and hut building.

## **Senior Eco**

Students are given the opportunity to participate in a wide range of hands on environmentally focused activities. Some of the activities include revegetation, nest box construction and monitoring, hikes, reptile hunts, fishing and river clean ups.

## **Beekeeping**

The Beekeeping co-curricular program provides students with the opportunity to learn about the amazing insect, which is the Honey Bee. Students will complete both theoretical and practical sessions. At the completion of this program, participants will have a greater understanding of the characteristics of the Honey Bee and an awareness of the basic management requirements of a beehive.

## **Gardening Club**

This is not an activity currently running, but we are seeking expressions of interest in a club that would be responsible for the design and beautification of specific garden spaces around the school. Students would be allocated an area to focus on and move onto another once the focus area has been established.

## **RFS cadets**

The RFS Cadetship co-curricular program offers students the opportunity to learn all aspects of being a volunteer fire fighter. This program provides the students with a greater understanding of fire behaviour, firefighting techniques, and leadership, teamwork and initiative skills. Students who complete this program are able to represent the College at the Interschool Fire Cadet Competition.





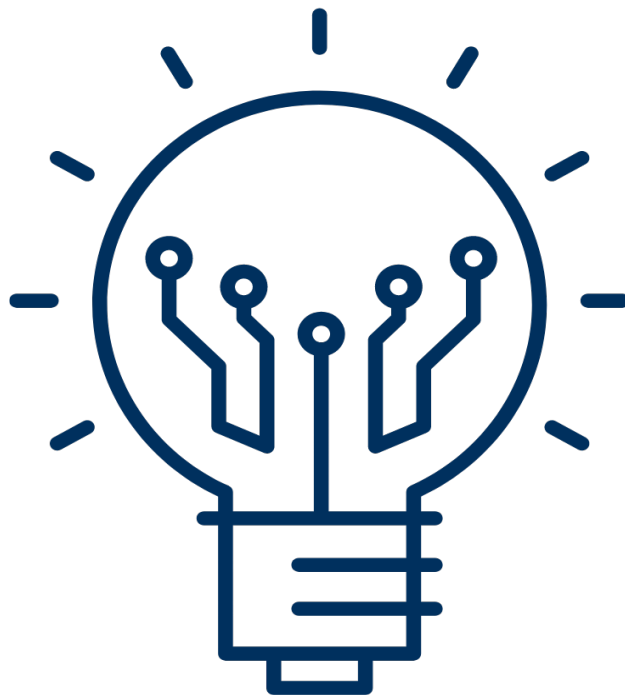


# Technology

Understanding and embracing new technology is a fundamental facet of every students' education at Trinity Anglican College. These activities act as an extension of this education for those students with specific and targeted interests in the area of Technology. They encourage creative thinking, problem solving and advanced technological thinking skills. Such skills will lead our students into the future, no matter what path they choose.

Technology Co-Curricular opportunities in 2020 include:

- Rocketry Club
- Solar Car Race







# Technology

## **Rocketry Club**

This Club provides an introduction to rocketry. Students will explore the elements of rocketry including an introduction to the AMRS Safety Code, which will provide an insight into the risks and safety measures when building and flying model rockets, which will lead to the launch of a rocket by the end of the year.

## **Solar Car Challenge**

Solar Car Challenge is an opportunity for senior students to be a part of the design, building and racing of a scale model solar car. Overseen by Mr Jim Papas, a composites specialist, the car is rebuilt from scratch each year. Trinity has a proud record in the race, which occurs in October.









# Junior School Timetable

Year	Activity	Day	Time	COST	T1	T2	T3	T4
<b>Kinder</b>	Basketall	Friday	Lunch	None	YES	YES	YES	YES
<b>Year 1</b>	Singing Group	Tuesday	Lunch	None		YES	YES	
	Craft	Wednesday	After School	\$40			YES	
	Kitchen Garden	Wednesday	After School	\$50			YES	
	Lego Club	Thursday	Lunch	None	YES	YES	YES	YES
	Basketball	Friday	Lunch	None	YES	YES	YES	YES
<b>Year 2</b>	Singing Group	Tuesday	Lunch	None		YES	YES	
	Craft	Wednesday	After School	\$40		YES		
	Kitchen Garden	Wednesday	After School	\$50			YES	
	Lego Group	Thursday	Lunch	None	YES	YES	YES	YES
<b>Year 3</b>	Tennis	Monday	After School	\$25		YES	YES	
	Mountain Biking	Monday	After School	Individual Event Cost	YES	YES	YES	YES
	Cantare Junior Choir	Tuesday	7:30am-8:30am	None	YES	YES	YES	YES
	Craft	Wednesday	After School	\$40		YES		
	Morning Fitness	Wednesday	7:30am-8:30am	None	YES	YES	YES	YES
	Bookworms	Wednesday	Lunch	None	YES	YES	YES	YES
	Kitchen Garden	Wednesday	After School	\$50		YES		
	Lego Club	Thursday	Lunch	None	YES	YES	YES	YES
<b>Year 4</b>	Tennis	Monday	After School	\$25		YES	YES	
	Mountain Biking	Monday	After School	Individual Event Cost	YES	YES	YES	YES
	Cantare Junior Choir	Tuesday	7:30am-8:30am	None	YES	YES	YES	YES
	Morning Fitness	Wednesday	7:30am-8:30am	None	YES	YES	YES	YES
	Bookworms	Wednesday	Lunch	None	YES	YES	YES	YES
	Tournament of the Minds	Wednesday	After School	Dependant on Progression		YES	YES	
	Eco Club	Wednesday	After School	\$50		YES	YES	
	Junior School Production	Wednesday	3:30pm-5:00pm	\$50	YES			
	Lego Club	Thursday	Lunch	None	YES	YES	YES	YES
	Training Band	Friday	7:30am-8:30am	\$50/term	YES	YES	YES	YES

Year	Activity	Day	Time	COST	T1	T2	T3	T4
Year 5	Multisports	Monday	Lunch	None	YES	YES	YES	YES
	Mountain Biking	Monday	After School	Individual Event Cost	YES	YES	YES	YES
	Cantare Junior Choir	Tuesday	7:30am-8:30am	None	YES	YES	YES	YES
	Morning Fitness	Wednesday	7:30am-8:30am	None	YES	YES	YES	YES
	Bookworms	Wednesday	Lunch	None	YES	YES	YES	YES
	TOM	Wednesday	After School	Dependant on Progression		YES	YES	
	Eco Club	Wednesday	After School	\$50		YES	YES	
	Junior School Production	Wednesday	3:30pm-5:30pm	\$50	YES	YES		
	Lego Club	Thursday	Lunch	None	YES	YES	YES	YES
	Training Band	Friday	7:30am-8:30am	\$50/term	YES	YES	YES	YES
Year 6	Multisports	Monday	Lunch	None	YES	YES	YES	YES
	Mountain Biking	Monday	After School	Individual Event Cost	YES	YES	YES	YES
	Rocketry Club	Tuesday	Lunch	None	YES	YES	YES	YES
	Cantare Junior Choir	Tuesday	7:30am-8:30am	None	YES	YES	YES	YES
	Morning Fitness	Wednesday	7:30am-8:30am	None	YES	YES	YES	YES
	Bookworms	Wednesday	Lunch	None	YES	YES	YES	YES
	TOM	Wednesday	After School	Dependant on Progression		YES	YES	
	Eco Club	Wednesday	After School	\$50		YES	YES	
	Junior School Production	Wednesday	3:30pm-5:30pm	\$50	YES			
	Knitting Club	Thursday	After School	None		YES	YES	YES
	Lego Club	Thursday	Lunch	None	YES	YES	YES	YES
	Training Band	Friday	7:30am-8:30am	\$50/term	YES	YES	YES	YES

**Please note:**

Trinity Basketball Club sign-ups will be communicated separately.

Trinity Netball Club sign-ups will be communicated separately.

# Senior School Timetable

Year	Activity	Day	Time	Cost	T1	T2	T3	T4
Years 7-12	Body Movement	Monday	8:00am-8:30am	None	YES	YES	YES	YES
	Mountain Biking (7-9)	Monday	After School	Individual Event Costs	YES	YES	YES	YES
	French Club	Monday	After School	None	YES	YES	YES	YES
	Volleyball	Monday	Evenings	\$50/term	YES	YES	YES	YES
	Girls AFL	Monday	After School	None		YES	YES	
	Barista Skills	Monday Tuesday Wednesday Thursday	7:30am-8:30am	None	YES	YES	YES	YES
	Wind Ensemble	Monday	7:30am-8:30am	None	YES	YES	YES	YES
	Senior Choir	Monday	Lunch	None	YES	YES	YES	YES
	Social Tennis	Tuesday	After School	\$25	YES	YES	YES	YES
	Rocketry	Tuesday	Lunch	None	YES	YES	YES	YES
	Mindfulness	Tuesday	7:30am-8:30am	None	YES	YES	YES	YES
	SS Boys Drama	Tuesday	Lunch	None	YES	YES	YES	YES
	SS Girls Drama	Tuesday	Lunch	None	YES	YES	YES	YES
	Senior Production	Tuesday Thursday	After School	\$50	YES			
	Multisports	Tuesday Thursday	Lunch After School	None	YES	YES	YES	YES
	Trail Running Club	Wednesday	After School	None	YES	YES	YES	YES
	Homework/ Study Club	Wednesday	After School	\$50	YES	YES	YES	YES
	Stage Band	Wednesday	7:30am-8:30am	None	YES	YES	YES	YES
	String Ensemble	Wednesday	7:30am-8:30am	None	YES	YES	YES	YES
	Steel Pans	Wednesday	7:30am-8:30am	\$40/term	YES	YES	YES	YES
	Senior Eco	Wednesday	After School	\$50		YES	YES	YES
	Knitting Club	Thursday	After School	None	YES	YES	YES	YES
	TOM	Thursday	After School	Dependant on Progression	YES	YES	YES	YES
	Solar Car Challenge	Thursday	After School	None	YES	YES	YES	
	Debating	Friday	After School	Dependant on Progression	YES	YES	YES	YES
	Musical Theatre Ensemble	Friday	7:45am-8:45am	None	YES	YES	YES	YES
	Model UN	-	-	-		YES	YES	
	Summer Biathlon	-	-	Specific to Events	YES			YES
	Shooting	-	-	Specific to events	YES	YES	YES	YES
	Gardening Club (EOI)	-	-	-				



Year	Activity	Day	Time	Cost	T1	T2	T3	T4
Year 9	RFS Cadets	Wednesday	After School	\$50			YES	YES
	Beekeeping	Wednesday	After School	\$50	YES			YES
Year 10	RFS Cadets	Wednesday	After School	\$50			YES	YES
	Bee Keeping	Wednesday	After School	\$50	YES			YES
Year 11	Relay for Life	-	-	None	YES	YES	YES	
	Bee Keeping	Wednesday	After School	\$50	YES			YES
	Stage 6 Study Skills	Friday	Before School	None	YES	YES	YES	YES
Year 12	Post-Trial Trials T3: Weeks 7,8,9	Monday Tuesday Wednesday Thursday Friday	After School	None			YES	
	Bee Keeping	Wednesday	After School	\$50	YES			YES

**Please note:**

Trinity Basketball Club sign-ups will be communicated separately.

Trinity Netball Club sign-ups will be communicated separately.

Model UN days and times have not yet been confirmed.

We are taking expressions of interest for Term 2, 2021.

Relay for Life will have a separate sign-up for Year 11 students in Term 1.

Summer Biatholon will have specific excursions which will be communicated separately.

Shooting Days will have specific excursions communicated separately.

Senior Gardening Club is not currently running, however, we are taking expressions of interest for Term 2, 2021.

ALL year levels can participate in the Senior School Production.

Sign-ups for this will be communicated separately.

# Thank you.

Please email [jon.field@trinityac.nsw.edu.au](mailto:jon.field@trinityac.nsw.edu.au) with any questions.

