



TRINITY COLLEGE

Albury-Wodonga

Newsletter 16

8 June 2012

PRINCIPAL'S OFFICE

421 Elizabeth Mitchell Drive
Thurgoona NSW 2640
Telephone: (02) 6049 3402
Facsimile: (02) 6049 3490
Email: heather.watson@trinityac.nsw.edu.au

Website

www.trinityac.nsw.edu.au

ALBURY

421 Elizabeth Mitchell Drive
Thurgoona NSW 2640
Telephone: (02) 6049 3400
Facsimile: (02) 6049 3490
Email: office@trinityac.nsw.edu.au

After School Care

0423 845 646

WODONGA

34 Ellen McDonald Drive
Baranduda VIC 3690
Telephone: (02) 6049 3480
Facsimile: (02) 6020 9125
Email: officewodonga@trinityac.nsw.edu.au

Albury Early Learning Centre

6049 3485

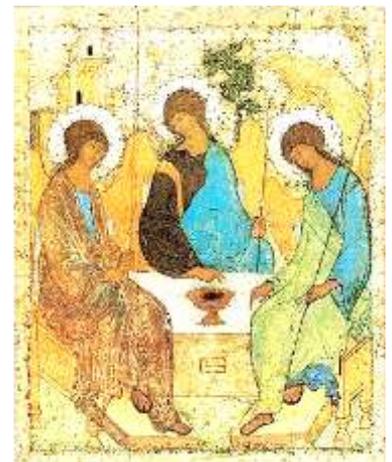
From the Principal

'Trinity Sunday' Service

This week, all staff and students gathered in the Multi-Purpose Hall to celebrate in Eucharist the feast day of the Holy Trinity. The Eucharist was led by the Most Reverend John Parkes, Bishop of Wangaratta. Bishop John was joined by the College Chaplain, Rev'd Lee Weissel, Rev'd Alan Kelb from the Anglican Parish of Northern Albury and Fr Peter McLeod-Miller from St Matthew's in Albury.

Trinity Sunday, officially "The Solemnity of the Most Holy Trinity," is one of the few feasts of the Christian Year that celebrates a reality and doctrine rather than an event or person. On Trinity Sunday we remember and honour the eternal God: the Father, the Son, and the Holy Spirit. Trinity Sunday is celebrated the Sunday after Pentecost. The Trinity is one of the most fascinating - and controversial - Christian dogmas. The Trinity is a mystery. By mystery, this does not mean a riddle, but rather the Trinity is a reality above our human comprehension that we may begin to grasp, but ultimately must know through worship, symbol, and faith.

Essentially the Trinity is the belief that God is one in essence (Greek *ousia*), but distinct in person (Greek *hypostasis*). Don't let the word "person" fool you. The



Greek word for person means "that which stands on its own," or "individual reality," and does not mean the persons of the Trinity are three human persons. Therefore we believe that the Father, the Son, and the Holy Spirit are somehow distinct from one another (not divided though), yet completely united in will and essence. How can this be? Well, think of the sight of two eyes. The eyes are distinct, yet one and undivided in their sight. Another illustration to explain the Trinity is the musical chord. Think of a C-chord. The C, E, and G notes are all distinct notes, but joined together as one chord the sound is richer and more dynamic than had the notes been played individually. The chords are all equally important in producing the rich sound, and the sound is lacking and thin if one of the notes is left out.

It is important that the College gathers to mark such a celebration. I would like to thank the parents and friends, as well as members of the College Board who were able to join the College community at this week's service. Thanks must also go to those students who participated in the service as readers, musicians and via providing technical support! Once again I was very proud of the College at this service! Well done!

The Importance of Sleep

Helping kids get the right amount of quality sleep will reap manifold rewards when it comes to their development and general wellbeing, writes Karen Fontaine.



Whoever coined the term 'sleeping like a baby' had obviously never lived with one. Infants' sleep patterns are notoriously erratic, and as they grow up the story remains much the same. Preschoolers kick up about napping during the day, school-aged children want to stay up late at night and teenagers refuse to get out of bed in the morning.

One thing remains the same: sleep is critically important for children, but Australians are getting about half an hour less sleep per night than they did 30 years ago, according to a study by the University of South Australia's Centre for Sleep Research.

Kids are going to bed later because it's now the norm for both parents to work full-time, meaning that evenings are often the only opportunity for family time. In addition, the intrusion into bedrooms of digital media such as mobile phones, laptops and iPods means children are getting less shut-eye – with far-reaching consequences. "With disturbed sleep, you pretty well see changes in everything, from the cardiovascular system through to the skin," says Dr Kurt Lushington,

Head of the University of South Australia's Centre for Sleep Research. "You can go without food for a week or so but you cannot go without sleep."

As Dr Lushington says, sleep is important for memory, "so if you want to remember things and to forget things – which is equally important – you have to sleep".

"We also know from animal studies that sleep state seems to be incredibly important for the optimal wiring up of the brain," he says. "In infants and kids, sleep plays an important role in the optimal development of the brain. Sleep is also important for growth, and for those who don't get enough there is a failure to thrive. Sleep plays an important role in the immune system and it also anchors the circadian body clock system."

Most parents realise the importance of sleep, Dr Lushington says. However, "what many don't appreciate is how important structure, namely a routine, really is".

"Our research shows that in terms of kids being able to cope with school and life and not having any problematic behaviours, it's not so much how long they sleep – what's important is a regular schedule," he says.

"Kids who go to bed at different times and wake up at different times with big swings on weekdays compared to weekends – those are the kids who tend to get into trouble. Sober habits are very important."

There is no such thing as a sleep bank – meaning that even if a child had 12 hours sleep last night, they won't get away with just eight hours tonight. Parents need to stick to a routine, make evenings as predictable as possible, and enforce hard-and-fast rules, particularly for teenagers, about digital media in the bedroom.

"The teen years are a period of life where it's to be expected that you will hand over control to them; learning their own limits is part of the journey," says Dr Lushington. "And, being young and healthy, they can sometimes stay up all night and be fine the next day. What you can do is help them see the connection between how they're sleeping – and how they feel during the day."

To ensure your child gets the optimum amount of sleep, use the following as a guideline, says Dr Kurt Lushington:

- *Children aged 2 – 5: 11 to 12 hours per night*

- Children aged 6 – 12: 9 to 11 hours per night
- Teenagers: 8 to 10 hours per night

And adhere to these rules, advises Dr Lushington:

- “On the weekends, don’t let kids stay up more than an hour or two later than they normally do, and don’t let them sleep in more than an hour or two later than normal.”
- “Give them time to unwind before they turn out the lights and don’t let them fall asleep in front of the TV. There has to be a routine for falling asleep – otherwise what happens is that unless the light or the TV is on, kids can’t fall asleep – which is crazy.”
- “Exercise, big meals and hot baths are not a good idea directly before they go to bed.”
- “Keep track of how they are during the day. If they look like they’re not coping or if they’re irritable, it might be that they need more sleep.”

The above article is published by Michael Grose, www.parentingideas.com.au For more parenting ideas and articles, please visit Michael’s website.

Steven J O’Connor
Principal

From the Campus Coordinator



Westmont Visit

On Tuesday, 5 June the students invited residents from the Westmont Retirement Village to come to the College and take part in a morning tea and choir performance. Our guests thoroughly enjoyed the students’ performance as well as the delicious morning tea of scones, cream and jam that they made as part of the Trinity Kitchen Garden programme



It was pleasing to see the positive way in which our students welcomed and interacted with our guests, as a good natured sign of the College's community awareness.

Monday Public Holiday

A reminder that this coming Monday, 11 June, is the Queen's Birthday long weekend. As a result of this calendared public holiday, the Wodonga campus will not be operating classes on this day. School will resume on Tuesday, 12 June as per normal.

Active After School Sports Programme

Monday, 18 June will be the last session of the Active After School Sports programme for this term. Coach Alex Topiac from the Border Bandits and Jarrod Lindner from CSU have both done a tremendous job all term working with the students and providing them with a diverse and engaging programme. I encourage all families to explore this excellent co-curricular opportunity as the year goes on.

Ski Trip Reminder

A reminder that deadlines for the Wodonga campus ski trip are approaching. The trip is on Friday, 17 August with final confirmation for the event set for **Friday 8 June**. I ask that any family wishing to attend this fantastic annual trip to get their places booked to avoid missing out.

Hot Food Lunches

A huge thank you to the parents who kindly volunteered their time to prepare and serve the delicious pasta lunches last Wednesday. This effort is much appreciated and, not only provides the students with a nutritious lunch option, but also helps raise funds for our developing Trinity Garden.



First Aid Course

A reminder for people who expressed interest in taking part in the Red Cross First Aid course that in last week's newsletter the tentative booking was made for Sunday, 17 June. **This date has now been changed and confirmed for Sunday, 24 June**, as the previous date was not suitable. If there are any students, parents or staff at the College who

still wish to be involved, they can contact Stacey Clarke hmsaclarke1@bigpond.com before Friday, 8 June.

Junior School Athletics Carnival – Friday, 15 June

The College's combined Junior School Athletics carnival is coming up and will be held on Friday, 15 June, at Alexandra Park Albury, weather permitting. The event will commence at 9.30 am for students from the Yr 3-6 group, whilst the P-2 students will have a number of participation based events organised which will start at 11.45 am. All students will be bussed to the event, leaving the Wodonga campus at 9.00 am. Students from P-2 will have activities planned at Alexandra Park before their activities start. (See programme in Sports News).

Parent Dinner – Thursday, 28 June

The Wodonga campus Parent Dinner is also coming up late this month, scheduled for Thursday, 28 June, the last Thursday of term. This night will include a light meal accompanied by a variety of dance and musical items performed by the students for their parents.

College Uniforms

I have noticed since the change in weather that a number of students are presenting to school in alterations to the College uniform. These have included jackets, track pants and socks, and have tended to be more on PE days. Whilst I acknowledge that on the odd occasion this occurs, it seems that some students are making a habit of this. It seems that some students who have misplaced an article of uniform have taken the option of just wearing a different article of clothing because it is 'easier' than finding their lost property.

At Trinity we try and educate our students on being responsible for their equipment, which includes uniform items.

I remind parents that if students are presenting to the College in a different item of uniform because of a mishap, then a note must accompany the student. If a student **continually presents** in different uniform, or without a note, then consequences will be



issued to reinforce the need for organisation and responsibility for themselves. I thank you for your support with this in the future.

Music News

Musica Viva - On 31 May we went to the Thurgoona Campus to watch a performance by the Musica Viva group 'Mara'. 'Mara' is a group of four musicians who blend traditional vocal and instrumental repertoire from many different countries with modern jazz improvisations. The students really enjoyed this experience and were intrigued by the wide variety of instruments the group played. The students have been doing activities based around the Musica Viva performance as part of their weekly classes.

Cultural Dances - In preparation for the Parent Dinner the students in all classes have enjoyed practising a range of dances from different cultures. The Prep students are learning the Tango while the 1-3 and 4-6 classes have learnt the Mexican Hat Dance as well as an Australian bush dance.



Eisteddfod - The Albury Wodonga Eisteddfod is coming up for the Choir. This will be held on Tuesday, 7 August 2012. We will be entering a group in the 40 students or less category.

Simon Fairall
Campus Coordinator

From the Director of Studies

Semester 1 Examinations

Students in Years 7 - 10 have been completing exams, tests, and assessment items over the last week or so and it has been wonderful to see so many students challenging themselves as they develop revision strategies to prepare for those tasks.

Year 7 students have approached their exams with all due seriousness and have been keen to take on board the suggestions for studying that their teachers have offered. Year 8 students are developing confidence in seeking constructive feedback from their teachers. Many Year 9 students are stepping up to the mark and are demonstrating their understanding that the measure of the person may not be in how high a result they score in any one exam, but rather in how hard they try, and how much improvement they register. Year 10 students deserve special commendation; they have conducted themselves in an exemplary fashion within the examination room, and I would like to recognise their efforts.

Many students are producing well-structured and carefully researched summary sheets to assist them in their examination endeavours, and I am keen that they should continue this practice. A number of students are consciously reflecting on what kind of learner they are and the sorts of study tactics they should implement in order to capitalise on their learning potential. It is always exciting to see students empower themselves as they work toward achieving goals. I look forward to seeing the fruits of the students' labours as they receive their results over the next little while.

Kym Armstrong
Director of Studies

Senior School News

'Go Girl Go for IT', brings the senior girls of Trinity a chance to be a part of a revolution. Due to a declining number of females studying IT at university, it indicates that too many girls just are not aware of the opportunities a career in IT can bring. There will be access to a wealth of information that will assist our girls



about making informed IT career decisions. The day also includes a series of interactive presentations, a tradeshow where girls can talk in person to companies as well as lunchtime entertainment and show bags. Technology and

Photography Year 9, 10, 11 and 12 girls, will be heading to Melbourne on Tuesday, 19 June. The bus will be departing at 4:30am from Trinity Albury. Girls can wear their casual clothes but need to be neat, extremely warm and tidy or they will not be allowed on the bus. The girls can bring their lunch or can buy it there. Pillows are recommended as a must have to sleep on the bus. Mrs Bradbury and Miss Gush will be accompanying the girls on this truly girls inspired trip.

Melissa Gush

Careers News

It has been great to see so many Year 12 students taking advantage of the offer for careers guidance. However, there are still some Year 12 students I have not seen and I encourage them to make an appointment very soon.

Army Careers Day

The Army Careers Day will again be held on 22 or 23 August. The day showcases careers in the Army. In the past it has been a great, hands-on day, with lots of activity and a real sense of life in the Army. Students from Year 10 who would like to attend **MUST** register their interest to Ms Widdicombe by Wednesday, 20 June, either by signing up on the sheet outside the Careers Room door or by emailing Ms Widdicombe at the College. Please indicate if you have any special dietary requirements at the same time. There will be a small cost for the bus. I need to put in firm numbers to the Army, so please, only put your name down if you are serious about attending, and intend to meet this commitment. You will, or course, be expected to catch up on any work missed, and “in-class” assessment tasks cannot be missed without special permission from your teacher in conjunction with Ms Armstrong.



TIS Day (Tertiary Information Service Day)

Students in Years 11 & 12 will travel by bus to the TIS day on Wednesday, 20 June, leaving at 10.30 am for the Albury Convention Centre. This event will give students an opportunity to ask questions from representatives from the various Universities, TAFE Colleges and private providers of Tertiary education.

RSA Certificate

Five Year 12 students recently completed their RSA certificates in a special programme run by Riverina Institute of TAFE and sponsored financially by the Albury City Council.

Monash Art, Design & Architecture Workshops

Monash University is hosting three days of workshops for year 12 students interested in studying creative disciplines such as communication design, industrial design, architectural design, fine art, interior architecture, and architecture. The workshops will be held 10.00 am – 5.00 pm, 3 – 5 July 2012 at the ADA studios, Caulfield campus. For more details visit www.artdes.monash.edu/study/workshops

UniExperience Melbourne

If you are in Year 11 and fall into one of the following categories, you have the opportunity to apply for the two-day UniExperience Programme being held at the Parkville Campus on Thursday 12 – Friday 13 July. Aboriginal or Torres Strait Islander; will be the first in your immediate family to attend university; or are a rural/regional student. You will have the opportunity to take part in a range of sessions and activities covering all aspects of tertiary study as well as stay at a residential college on the Parkville campus. To apply, fill out the online application form by Friday 22 June at www.futurestudents.unimelb.edu.au/uniexp

Passionate about Computing?

The University of New South Wales Computing Department will be holding a winter school for students interested in learning more about Computing between Monday 9 – Friday 13 July. You will be able to study modules that you are interested in and learn about careers in computing. For more information, go to www.computing.unsw.edu.au/school-programs/winter-school/ and you must register online by 20 June.

July Dates at RMIT Experience Days

Medical Laboratory Visits (2 – 6), Computing, Animation and Information Technology (3), Aerospace, Mechanical and Manufacturing Engineering (3), Electrical and Computer Engineering (5 & 6), Advertising, Marketing and Public Relations (10), Community Justice (11) and Health and Medical Sciences (12), www.rmit.edu.au/experiencedays

Year 12 Hospitality Study Day

Year 12 Hospitality Students will be attending a study day at the Commercial Club, on Tuesday, 19 June.

GO Girls, Go For IT Excursion

As mentioned earlier, Girls in Year 8 – 12 will have the opportunity of attending a fully sponsored excursion to Melbourne on Tuesday, June 19, to learn about the amazing careers open to women in IT. It will be an early start, to travel to

Melbourne in the coach. Full details will be coming home soon. Mrs Bradbury and Miss Gush will be organising the excursion.

Mary Widdicombe
Careers

Trinity SRC 2012 Announcements

Casual Clothes Day – Thursday, 14 June 2012

The Trinity SRC is holding a Casual Clothes Day to raise funds for the new Local Cancer Ward. We ask for a gold coin donation that will be collected from students during Pastoral Care. We also ask that students adhere to the appropriate clothing guidelines:

- No open toe shoes
- No offensive logos/t-shirts
- No short shorts or strappy tops

Clint Brady & Jacklyn Cottrell
Senior SRC Representatives

Library News - Albury

NSW Premier's Reading Challenge Years 3-6

It is fantastic that many students are reading challenge books. As students have about eleven weeks left, they might like to aim to read one challenge book each week.



World Book Online

All students at Trinity can access a fantastic, up-to-date, online encyclopedia at school and at home to make their assignments really impressive. Find the World Book Online website and enter the username **petts** and the password **library**. There are three levels of information suitable for all ages: Kids; Student and Advanced.

Tanya Trebilcock
College Librarian

School Bus Passes

All students and parents please note that it is a requirement that students show their bus pass as they board the school bus.

If a student has lost or misplaced/damaged their pass, they are to get an interim pass from the school office (valid for 5 days) during that time it is important to

contact Dysons Office (02 6056 3100) or Martin's Office (6040 4400) and organize for a replacement pass.

Please note if a student does not have a valid bus pass or pay the appropriate fare they will not be eligible to travel.

Junior School News

You Can Do It!

Getting Along

With today's emphasis on cooperative learning, students are more likely to be successful if they can not only help support each other when learning, but resolve conflict when working together. The lessons within the Getting Along component of the You Can Do It programme are designed to accomplish this through three areas: Being tolerant of others, thinking first and playing by the rules.



- **Being tolerant of others** refers to accepting people with their differences, not making overall judgements of people's character based on their differences or their behaviour.
- **Thinking first** refers to thinking about different ways we can act towards each other, the consequences of this and the impact of our actions, both in the classroom and when playing in the school yard.
- **Playing by the rules** refers to following the important rules created at home and school, to help us all to live in a better world where everyone's rights are protected.

Woolworths Earn & Learn

Many thanks for your continued support with Earn & Learn. Please bring completed sticker cards to the Student Services area of the Front Office. Replacement cards are also available for collection.

Year 3 Students' Music Programme

A letter has been sent home in regard to the Year 3 String Programme on offer. One of our tutor's email address is unclear on the letter; the correct address is: Sonja_777@msn.com (Sonja Dionysius).

Congratulations to our Junior School Award Winners:

Student's Name & Class	Student's Name & Class
Ethan Mathews (KDP)	Grace Dellar (KDP)



Ruby Fulford (KKM)	Bree Vandersluis-Christie (KDP)
Bailey Gogoll (KKM)	Lachlan Elgin (1KS)
Ariel Hudson-Halford (1TO)	Amelie Scott (1KS)
Mineli Madawala (1TO)	Anna Larwill (1TO)
Penny McEachern (2JH)	Ava Howard (2JH)
Byron Bridges (3JT)	Damien Ryder (2JH)
Maddison Gyoles (3JT)	Kynan Brooks (3JT)
Annalise Conibear (3SO)	Amy Scammell (3JT)
Marilla Modra (3SO)	Summer Hudson-Halford (3SO)
Abbey Jacobs (4NP)	Olivia Harris (4NP)
Ainsley Lockhart (4TC)	Reuben Sarkis (4NP)
Zoe Clarke (5CO)	Sam Cavanough (5CO)



Congratulations to our Deputy Principal Award Winners:

Name of Student		Class	Award	Name of Student		Class	Award
Tara	Swann	KKM	1 st	Alex	MacKenzie	KDP	1 st
Clarisse	Summerfield	KKM	1 st	Ben	McNay	KDP	1 st
Abigail	Adams	5CO	1 st	Evie	Nelson	3SO	1 st
Aliah	McDonnell	5CO	1 st	Jasmine	Simpson	3SO	1 st
Stella	Mamouney	5CO	1 st	Tayissa	Schollick	1TO	1 st
Alice	Wheeler	5CO	1 st	Will	Reid	2AP	1 st
Olivier	Daish-Gorge	5CO	1 st	James	Smith	2AP	1 st
Schollick	Jake	6EP	1 st	Camden	Kotzur	2AP	1 st
Roberts	Ben	6EP	1 st	Fletcher	Clarke	2AP	1 st
Toby	Sarkis	1KS	1 st	Austin	Frendo	5CO	1 st
Ruby	Taylor	KKM	1 st	Hannah	Lippiatt	5CO	1 st
Brooke	Hardie	3SO	1 st	Cameron	Zauner	2JH	1 st
Lexie	Shannon	3SO	1 st	Oscar	Bradbury	2JH	1 st
Victoria	Alker-Jones	4TC	1 st	Chloe	Davis	2JH	1 st
Taisha-Mae	Vitolo	4TC	1 st	Sam	Hovar	2JH	1 st
Jake	Salan	4TC	1 st	Paige	Davis	2JH	1 st
Kalyia	Jones	4TC	1 st	Kyla	Anderson	3SO	1 st
Charlotte	Awdjew	6KW	1 st	Lewis	Grace	6EP	1 st
Stuart	Aitcheson	KKM	1 st	Lachlan	Elgin	1KS	1 st
Callum	Cooper	KDP	1 st	Alicia	Auwardt	KDP	1 st



Chris O'Loan
Head of Junior School

Vacation Care

For those parents that are interested, Vacation Care permission forms are ready for collection. They can be collected from the Front Office (both campuses) or at the After School Care room located in the Kinder pod. The programme will be operating from 16-20 July, which is the third week of the holidays. We can only accept a maximum of 30 students per day so you need to get your permission form back, either to the Front Office (at both campuses) or to the After School Care room. Please remember to complete one form per student, per day. Please return your permission forms before the **29 June** to secure a place. Bookings made after this date will incur a \$5.00 late fee. We have many exciting and engaging activities for the students to be involved in. We look forward to seeing you all there! If you have any concerns regarding Vacation Care or After School Care please contact Stace on 0423 845 646.

Stace Thompson

After School Care & Vacation Care Coordinator

French News - Albury

Language Perfect Championships are over! The College as a whole did well, though the outstanding support came from Year 8. The aggregate points for the College means that those who did less work on the Championships limited the points score that we had, but all credit to those in Year 8 and 10 who did so well.



We achieved as a College:

36th for French in the 51-100 students category (out of 144 schools). Questions answered in each language - French: **38,949**, Indonesian: **723**, German: **718**, Japanese: **329**, Italian: **306**, Maori: **274**, Samoan: **215**, Chinese: **100**, Greek: **40**

Individual awards

Gold Awards:	1 (3000+ points):	Julia Hart Yr 8
Silver Awards:	1 (2000+ points):	Casey Barker Yr 8
Bronze Awards:	1 (1000+ points):	Gabrielle Fortini Yr 8
Credit Awards:	2 (500+ points):	Grace Morris Yr 8, Morgan Howe Yr 10

Perfect Scores were obtained by: Casey Barker, Morgan Howe, Jessica van de Stadt, Daniel Larwill, Grace Morris, Cameron Coyle, Cody Beaumont, Chris Braidwood, Joshua Dionysius, Matthew Mutton, Sean Nielson, Ande O'Keefe. None of them won the draw, unfortunately! Year 9 top scorer was Joshua Dionysius, who will receive his prize with the others.



Well done – Chapeau! – to the competitors. But we have a way to go if we are to beat the Australian

winners, Benowa State High School with a staggering 794,449 points, meaning that their students scored an average of 4,317 points each.

Last week's quiz question - what French Cathedral holds this labyrinth?
Answer: **Cathedrale de Chartres**

Monsieur Gorge
French

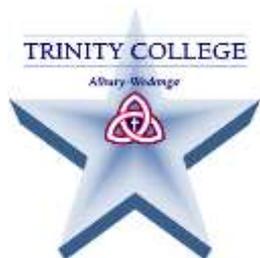
Music News - Albury

Musica Viva

The amazing Musica Viva group "Mara" came to entertain us Thursday, 31 May. All the children were actively involved playing percussion instruments and making up songs. They brought heaps of interesting instruments: the darabuka, baglama, double bass and my instrument the clarinet. I love playing the clarinet and I am a peer tutor in the "Blow Your Own Horn" programme. Thank you to the teachers who organised this wonderful experience!



Zoe Elgin
Year 6



"Rising Stars" is our mid-year concert to be held in the MPH on 27 July. It is a way for students to showcase their talents and love of the Arts. Many of the groups performing at the concert will be preparing for the 2012 Albury Wodonga Eisteddfod. It is

a wonderful night where parents and friends can see these groups perform at their best. We ask for your support by bringing friends and family along for a wonderful night's entertainment.

2012 Albury Wodonga Eisteddfod Dates

I have been given the dates for the following groups. Other groups will be announced as details come to hand:

- Junior Strings - Wednesday, 1 August 2012
- Junior Choir - Tuesday, 7 August 2012
- Senior Jazz Band – Thursday, 2 August 2012
- Senior Choir – Wednesday, 8 August 2012



Please ensure that your child attends all rehearsals at this busy time.

2012 - Performance Groups

- **Monday lunch:** *Chamber Group* with Damien Jones
- **Tuesday 7.45-8.45am:** *Junior Strings* with Damien Jones & Sonja Dionysius
- **Tuesday lunch:** *Eisteddfod Vocal Groups* with Mrs B.
- **Wednesday 7.45am:** *Blow your own Horn* David Thompson
- **Wednesday lunchtime:** *Senior Choir* with Mrs B.
- **Friday 7.45-8.45am:** *Jazz Band* with David Thompson
- **Friday lunchtime:** *Junior Choir* with Mrs B.

Helena Brennan

Head of Music

Sports News - Albury

Volley Ball Report

The Trinity Tempers had a very close and intense game in volleyball against the teachers this week, ending up with a score of three - one. From the third set, through changing our structure we picked up our game, winning this set. Everyone did some amazing spikes and blocks and serves and played to their best. The result in the end was pride in the results and effort put towards the game and keeping the teachers on their tiptoes! Well done Tempers!



R-L: Mr Ken Larsen, Maddi Stein, Campbell Ingram, Isaac Hayes, Michaela Russell-Larcome, Alex Hansen, Coach Gary Millerd. Front: Samantha Holland & Rebecca Lane

This week had to be 'The Billson's' greatest game that we have played ever! During the first set we all seemed like we needed a shot of coffee but then we heard some wise words from Mr Larsen, as Gary our coach was on the opposition: "Act like you can't breathe until you get 15 points or over". After these words we were, as Mr Larsen likes to say, "hungry" for the ball and it was true everyone played their finest game and "Team Awesome" really had to apply themselves as we started to fire up.

It was a fantastic game and we were able to get something out of it not only for volleyball but for the future as well, as Mr Larsen then said to apply his earlier advice and our energy on court, to life. To be there and part of a team just felt so amazing and you could see that in our other players also. As of Monday night we have been so extremely pumped for the semi-finals up against either "The Paradigms" or "Trinity Tempers" in two weeks time. GO TRINITY BILSONS!

Upcoming Events

15 June Trinity Junior School Athletics Carnival, 8 August BIPSA Athletics Carnival

Trinity Basketball

- The Albury Junior Basketball Association are currently in the process of switching the timing of the basketball seasons. This means that the current basketball season (Summer) will not finish until the end of Term 3. At this time all finals will also be played.
- During the week of 16 – 27 July all Trinity teams will have a bye week from basketball. This will occur due to this time being our final week of the mid-year school break

Netball

Robyn smith Netball camps are being run during the school holidays. For more information see Mr Payne.

Coles Sport for Schools

The Coles Sports for Schools programme is starting again. Collect your vouchers from any Coles supermarkets. All vouchers earned goes towards purchasing new sports equipment for the school. Bring your vouchers into school and place them in the box at the front office or return to Mr Payne.

PSSA - Week 3

No PSSA - Trinity Junior School Athletics Carnival

PSSA – Week 4

Team	Location Week 4
Senior AFL	Urana Road
Junior AFL Team A Saints	Jelbart Park
Junior AFL Team B Bombers	Jelbart Park
Junior Netball A	JC King
Junior Netball B	JC King
Senior Netball Red	JC King
Senior Netball White	JC King
Senior Soccer	Alexandra
Junior Soccer A	Alexandra
Junior Soccer B	Alexandra
Senior Hockey	Hockey Centre
Junior Hockey	Hockey Centre



Junior School Athletics Carnival

Alexandra Park



Friday, 15 June, 2012 9:30 am - 2:30 pm

Events Years 3-6

Even though we will attempt to keep to this timetable, events may be held up to 20 minutes earlier or later.

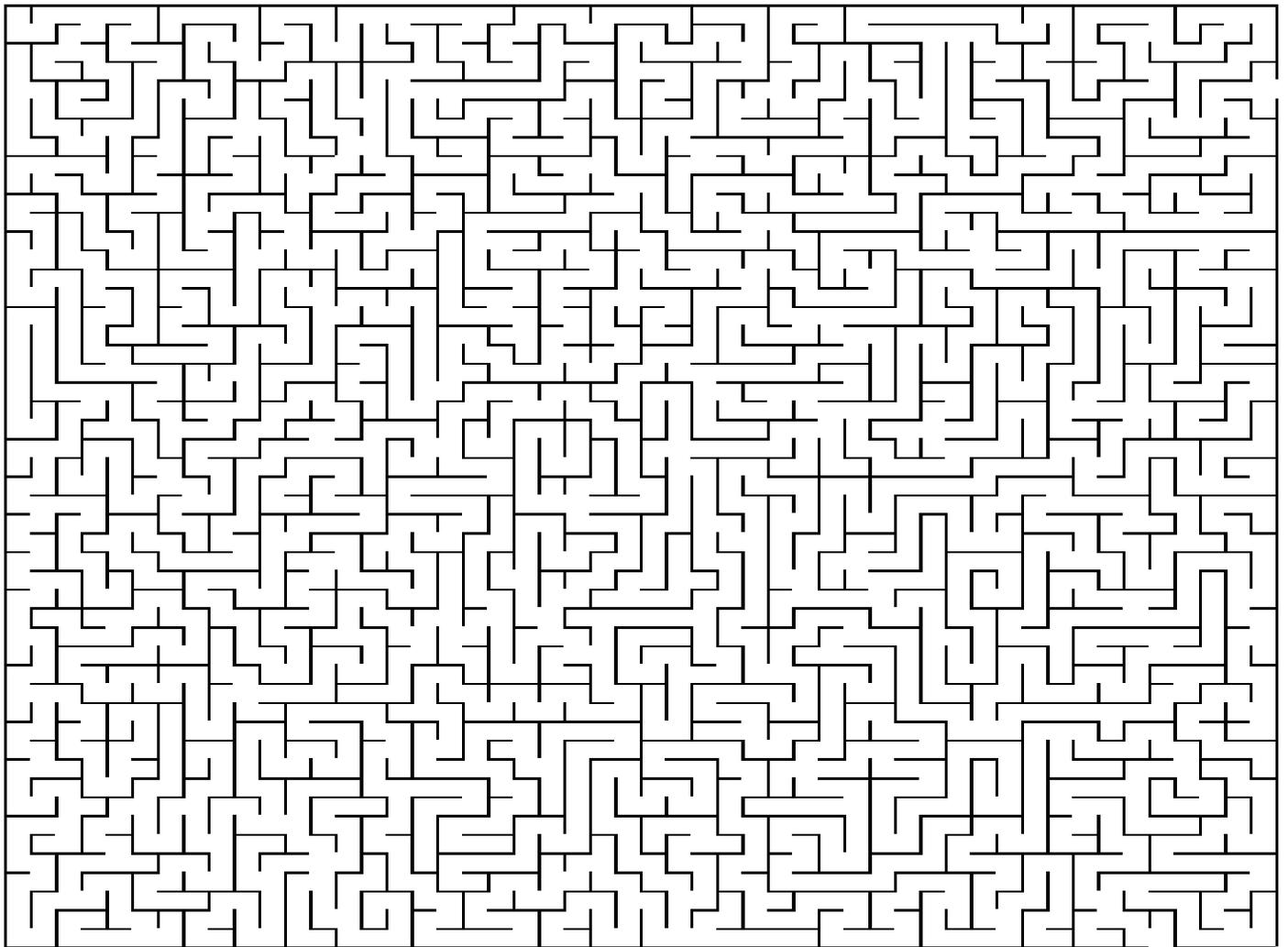
Block	Time	<i>Boys</i>				<i>Girls</i>			
		9/U Yr	10Yr	11Yr	12Yr+	9/U Yr	10Yr	11Yr	12Yr +
		<i>Students are to compete according to the age they turn in 2012. For example, a student turning 10 in October will compete in the 10Yr events.</i>							
1	9.30	800m				Long Jump	High Jump	Discus	Shot Put
2	10.00	Long	High	Discus	Shot	800m			

		Jump	Jump		Put				
3	10.30	100m				Shot Put	Long Jump	High Jump	Discus
4	11.00	Shot Put	Long Jump	High Jump	Discus	100m			
5	11.30	Break				Discus	Shot Put	Long Jump	High Jump
6	12.00	Discus	Shot Put	Long Jump	High Jump	Break			
7	12.30	200m				High Jump	Discus	Shot Put	Long Jump
8	1.00	High Jump	Discus	Shot Put	Long Jump	200m			
9	1.30	4 x 100m Relays				4 x 100m Relays			
10	2.15 2.30	PRESENTATION <i>All students must remain at Alexandra Park until after the presentation.</i>							

From the Tutorial Centre

Question - Week 7

Can you find your way through the maze?



Canteen News

Thank you to volunteers Jenny Moyle and Ellen Uniacke.

Remember: Pumpkin Soup (dairy free, gluten free, vegetarian) on Tuesdays and **Sushi** on Wednesdays. \$3!

End of Term BBQ Friday, 29 June. Sausage in bread and soft drink. \$1.50 each.

Canteen Roster - Week 8 Term 2

June	Monday 11	Public Holiday
	Tuesday 12	<i>Volunteer Required</i>
	Wednesday 13	Ellen Uniacke
	Thursday 14	Trudy O'Connor
	Friday 15	Terri MacKenzie

Margaret Cochrane
Canteen Manager

Uniform Shop

You may ring the Uniform Shop directly on 6049 3440

Uniform Shop Operating Hours during School Terms			
Mondays	8:30 – 10:00 am	2:30 – 4:30 pm	Cathy Katsoolis
Tuesdays	<i>Closed</i>		
Wednesdays	8:30 – 10:00 am	2:30 – 4:30 pm	Cathy Katsoolis
Thursdays	8:30 – 10:00 am	2:30 – 6:00 pm	Cathy Katsoolis
Fridays	8.45 – 9.30 am		Sam Baker

Community Announcements

Free Graduated Licensing Scheme Workshops for Parents of Learner Drivers in Albury



Young drivers are three times more likely to be involved in casualty crashes. That's why the RTA has introduced a new licensing scheme, with more supervised driving practice for learner drivers.

To help parents in supervising learner drivers, the RTA has set up a FREE 2 hour workshop for parents offering practical advice on how to help learner drivers become a safer drivers.

The FREE RTA parents' workshop will be on Tuesday June 19th at the Albury Manor House Hotel from 6.00 pm – 8.00 pm.

Bookings are now invited for the workshop. Numbers are limited, so phone 0411 718198 now to reserve your place, or email parentworkshop@optusnet.com.au